

SUZANNE CLEGG RDN, LAc

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Summary & Highlights

- President, Spirit Gate Acupuncture PC
- New York State Licensed and National Board Certified Acupuncturist
- Registered Dietitian Nutritionist
- Acutonics® Sound Therapist. Former Senior Faculty of Acutonics Institute of Integrative Medicine
- Chinese Herbalist
- Bengston Energy Healing Method® practitioner
- Four (4) years graduate school in neurophysiology
- Wide array of experience in a variety of healthcare settings

FORMAL EDUCATION

1987–1990	Tri-State Institute of Traditional Chinese Acupuncture
1983–1988	University of Utah Neurophysiology Doctoral Program Coursework consisted mostly of Medical school classes and research on subjects including itching, protein, lipid studies, and effects of electric fields on cell cultures. Grant: National Institute of Health Graduate Student Grant
1983–1985	Rocky Mountain School of Acupuncture and Oriental Medicine 1977–1980 Utah State University B.S. in Nutrition & Food Science
1976–1977	Brigham Young University Major in Medical Dietetics

PROFESSIONAL WORK EXPERIENCE

YEAR	AFFILIATION	DESCRIPTION
2004 – Present	Private Practice	Acupuncture, herbs, nutrition and Acutonics® sound therapy and Bengston Energy Healing Method® as a solo practitioner.
2009 – 2014	Elizabeth Seton Pediatric Center	Acutonics® Instructor. Three (3) classes with follow-up supervision.
2001 – 2004	Private Practice	Private practice in high-volume rehabilitation clinic. Treated 40-60 patients per day. Hired and supervised two other acupuncturists. Worked with chiropractors, internists, psychotherapists, physical therapists, and neurologist. Hired a management company, billing company, secretary.
1992 – 2001	Private Practice	Acupuncture, herbs, nutrition, and lifestyle counseling.
1998 – 2000	Beth Israel Hospital	Acupuncturist for HIV/AIDS clinic.
1994 – 1995	Private Office	Acupuncturist working in office of Naomi Rabinowitz, MD.
1991 – 1992	Private Practice	Private practice in “Body Mind Nutrition Consulting and Oriental Healing Arts.” Treating individuals and facilitating small groups.
1989 – 1994	New School for Social Research	Adjunct Instructor of “Set Point Theory of Weight Control” class.
1988 – 1989	Richard M. Bachrach Center for Osteopathic Medicine The New York Hospital-Cornell University Medical Center	Nutritionist Administrative assistant to Willibald Nagler, M.D., Director and Chairman of Rehabilitation Medicine. Here, I learned much about Physical Therapy while attending acupuncture school.
1987 – 1988	Sloan Kettering Cancer Center	Lipid Metabolism basic research. Research assistant and co-author of a paper.
1986 – 1987	Private Instructor	Self-employed acupressure instructor while in graduate school.
1981 – 1982	Holy Cross Hospital	Clinical Dietitian. Conducted and revised nutrition education on Diabetic unit. Improved nutritional care on Rehabilitation Unit.

1980 - 1981	Cottonwood Hospital	Dietitian. Clinical duties included: Revising nutrition education packets, nutritional assessment, charting, diet instructions. Administrative duties included: purchasing, employee relations, planning catered events, presenting In-service classes, etc.
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LABORATORY EXPERIENCE AND PUBLICATIONS

2016	There is Another Way : Energy Medicine for Pets with Cancer by Suzanne Clegg.
1987–1988	Memorial Sloan Kettering Cancer Center Department of Endocrinology Performed all experiments and co-authored paper: Kolesnick, RN and Clegg, S. “1,2- Diacylglycerols, but not phorbol esters, activate a potential inhibitory pathway for protein kinase C in GH3 pituitary cells, evidence for involvement of a sphingomyelinase.” The Journal of Biological Chemistry, 265:6534-6537, 1988.
1985–1986	University of Utah As part of graduate studies, worked in lab investigating the effects of parathyroid hormone on protein, DNA and calcium content of osteocyte cultures.
1983–1984	University of Utah Performed psychophysical itching experiments and published abstract of results: Clegg, S. and Tucket, R. “Sensations evoked by cutaneous application of histamine, papain and hydrochloric acid”. Clinical Research 32:576A, 1984.

HIGHLIGHTS OF INFORMAL (*Non-Matriculated*) EDUCATION

2018 – 2019	Michael Geeta’s “Clinicians Mastermind Circle” leading to certification as Natural Functional Medicine Practitioner.
2018	Heart Sound Recorder Training with Joseph Antel.
2015	Certified in Andy Rosenfarb’s acclaimed method for successfully treating retinitis pigmentosa.
2015	Acugraph Digital Meridian Analysis (Adrian Larsen).
Ongoing	Nutrition and acupuncture-related continuing education. Minimum 150 hours every 5 years to maintain credentials of Registered Dietitian and National Board Certified

	Acupuncturist.
2012–2015	Diet approaches to helping autoimmune disease (Sarah Ballentyne) 2005–2015 Senior Faculty of Acutonics Institute of Integrative Medicine
2004–2005	Supervision with several healers (William Bengston, PhD and Laurie Herron)
2003–2004	Acutonics® Sound Healing Training. Levels I, II, III, IV, V, VI. (150 hours).
1991–2000	Various weekend workshops including pediatrics, gynecology, trigger point therapy, practice management, nutrition, endocrinology, auriculotherapy, sports medicine.
1989–1991	200-hour Chinese herbal medicine course taught by Ted Kaptchuk. Secretary for class and transcribed lectures from tapes.
1988–1990	Training with Elizabeth Mass, MA in “Spiritual Therapy.” Emphasis on altered states of awareness to facilitate insight and healing. Learned to facilitate and work creatively with acupuncture-induced trances.
1988–1989	Simon Mill’s class on Western herbal medicine. 1988–
1989	Elaine Stearn’s class on Chinese Patent Herbs. 1982–
1983	Touch For Health Instructor Training course.
1982–1983	Joyce Sohler training in Dream analysis.
1981–1982	Holistic Healthcare. A eight-credit course offered by the Graduate School of Nursing at the University of Utah. This course changed the direction of my career.